

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## Overall Results

Place	Points	Bib	Name	Team	Pace	Time
<b>Boys Freshmen</b>						
1	1	862	Dylan VANA	Shenendehowa	5:40	08:14
2	2	837	Seeraj BELLAMKONDA	Shenendehowa	6:02	08:45
3	3	841	Caeden GRIZZAFFI	Shenendehowa	6:02	08:45
4	--	322	Ethan LAFOUNTAIN	Colonie	6:10	08:57
5	4	866	Leo YANG	Shenendehowa	6:18	09:09
6	5	840	Robbie DAUS	Shenendehowa	6:20	09:11
7	(6)	846	Grayson LYNCH	Shenendehowa	6:23	09:16
8	(7)	855	Thomas PIACENTINE	Shenendehowa	6:23	09:16
9	--	856	Andrew REID	Shenendehowa	6:24	09:16
10	--	845	Oscar HOCKENOS-CHANG	Shenendehowa	6:37	09:37
11	--	850	Oliver MULDOON	Shenendehowa	6:41	09:42
12	--	308	Justin ATENZON	Colonie	6:51	09:56
13	--	672	Nazir ISHAQUE	Schenectady	6:56	10:03
14	--	684	Caison WOLK	Schenectady	7:08	10:21
15	--	683	Oliver VERRET	Schenectady	7:21	10:40
16	--	1331	Aaron BUCK	Shenendehowa	8:14	11:57
17	--	676	Nicholas MATTHEWS	Schenectady	8:37	12:30
18	--	342	Oitong YAO	Colonie	8:54	12:55
19	--	842	Pradyun GUJJU	Shenendehowa	11:14	16:18

## Girls Freshmen

1	1	371	Peyton WAGNER	Columbia (Sec 2)	6:21	09:12
2	2	291	Nina KIMBALL	Colonie	6:30	09:26
3	3	788	Gia BRONZELL	Shenendehowa	6:31	09:28
4	4	819	Anna MCGAFFIN	Shenendehowa	6:32	09:28
5	5	814	Riley LYNCH	Shenendehowa	6:32	09:28
6	6	789	Layla BUCK	Shenendehowa	6:32	09:29
7	7	784	Alexandra BEER	Shenendehowa	6:33	09:30
8	8	352	Maya KELLY	Columbia (Sec 2)	6:43	09:45
9	9	301	Anne PEKROL	Colonie	6:48	09:51
10	10	283	Eva CORBETT	Colonie	6:48	09:52
11	(11)	827	Lanna SCHMITZ	Shenendehowa	6:49	09:53
12	(12)	820	Zoe MCGUIRE	Shenendehowa	6:50	09:54
13	13	287	Ava GUNDLACH	Colonie	6:51	09:57
14	--	817	Nola MASLOWSKY	Shenendehowa	6:53	09:59
15	14	361	Chloe NORTON	Columbia (Sec 2)	6:57	10:05
16	15	368	Emilia SPADOLA	Columbia (Sec 2)	6:57	10:05
17	16	351	Leane KAMINSKY	Columbia (Sec 2)	7:01	10:10
18	17	294	Cora KOLONKO	Colonie	7:07	10:20
19	(18)	355	Lila KOT	Columbia (Sec 2)	7:09	10:22
20	(19)	375	Summer YANNONE	Columbia (Sec 2)	7:11	10:26
21	--	832	Sophia TSAKALOYANNIS	Shenendehowa	7:14	10:29
22	--	345	Megan BARRY	Columbia (Sec 2)	7:15	10:30
23	--	363	Alyssa RUSSELL	Columbia (Sec 2)	7:15	10:32
24	--	350	Olivia DINOVO	Columbia (Sec 2)	7:17	10:34
25	--	661	Alexis SMITH	Schenectady	7:24	10:44
26	(20)	297	Brynn LOUGEE	Colonie	7:25	10:46
27	--	821	Amanda MILBY	Shenendehowa	7:27	10:49
28	--	1326	Daphne BRETHOLTZ	Shenendehowa	7:33	10:57
29	--	795	Abigail GEORGE	Shenendehowa	7:36	11:02

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## Overall Results

Place	Points	Bib	Name	Team	Pace	Time
30	(21)	303	Alexis QUACKENBUSH	Colonie	7:44	11:13
31	--	373	Kaylin WOOD	Columbia (Sec 2)	7:50	11:21
32	--	284	Merin DECRESCENZO	Colonie	7:58	11:34
33	--	658	Amia ROBINSON	Schenectady	8:17	12:00
34	--	366	Callie SMITH	Columbia (Sec 2)	8:36	12:29
35	--	306	Elizabeth SPLONSKOWSKI	Colonie	8:37	12:30
36	--	280	Maria BIZZARRO	Colonie	8:39	12:32
37	--	347	Magdalene CIRINCIONE	Columbia (Sec 2)	9:45	14:09
38	--	356	Autumn LANG	Columbia (Sec 2)	9:48	14:13
39	--	364	Trinity RYF	Columbia (Sec 2)	9:53	14:20
40	--	652	Nevaeh CARTER	Schenectady	10:16	14:53

## Boys JV

1	1	839	Jack CLYNE	Shenendehowa	6:00	17:04
2	2	859	William SCHAMBACH	Shenendehowa	6:05	17:17
3	3	854	Jacob PERKINS	Shenendehowa	6:06	17:21
4	4	849	Jonah MORGAN	Shenendehowa	6:15	17:45
5	5	847	Karter MASLOWSKY	Shenendehowa	6:17	17:51
6	(6)	860	Michael SCHANZ	Shenendehowa	6:23	18:09
7	7	333	Alexander RENNICK	Colonie	6:24	18:12
8	8	398	Asher TORRES	Columbia (Sec 2)	6:35	18:44
9	9	396	Riley SHEEHAN	Columbia (Sec 2)	6:37	18:47
10	10	376	Aadit AKULA	Columbia (Sec 2)	6:38	18:50
11	(11)	853	Jacob PELHAM	Shenendehowa	6:38	18:51
12	12	320	Nicholas KOHLI	Colonie	6:39	18:54
13	13	317	Ben FONDACARO	Colonie	6:39	18:54
14	14	327	Gavin MCNEAL	Colonie	6:39	18:55
15	15	314	Alexander DICARLO	Colonie	6:40	18:56
16	16	395	Devin SARDI	Columbia (Sec 2)	6:47	19:18
17	--	674	Thomas KIRBY	Schenectady	6:47	19:18
18	(17)	334	Adonis REYES	Colonie	6:48	19:21
19	--	665	Athen DELLA RATTA	Schenectady	6:52	19:32
20	(18)	336	Tyler SINKINS	Colonie	6:57	19:45
21	--	316	Parker FIORINO	Colonie	6:58	19:48
22	--	330	Liam OBERMAYER	Colonie	6:59	19:50
23	--	668	Brighton GERRY	Schenectady	6:59	19:51
24	--	844	John HALLENBECK	Shenendehowa	7:08	20:17
25	--	325	Gautama MAHARAJ	Colonie	7:09	20:19
26	--	312	Jack CRONIN	Colonie	7:13	20:30
27	--	338	Mark TORNER	Colonie	7:20	20:51
28	19	378	Alexander BREIG	Columbia (Sec 2)	7:40	21:48
29	(20)	382	Ryan ECKER	Columbia (Sec 2)	7:59	22:41
30	(21)	388	Brady MOSHER	Columbia (Sec 2)	8:01	22:47
31	--	385	Brayden GIPSON	Columbia (Sec 2)	8:02	22:50
32	--	380	Benjamin CHAPMAN	Columbia (Sec 2)	8:06	23:02
33	--	332	Kevin RAMPERSAUD	Colonie	8:12	23:19
34	--	377	Garrett ALLARD	Columbia (Sec 2)	8:26	23:57
35	--	397	Theodore SIKORA	Columbia (Sec 2)	8:30	24:09
36	--	394	Carter SARDI	Columbia (Sec 2)	8:31	24:12
37	--	393	Mokshagna RAVILLA	Columbia (Sec 2)	8:35	24:22
38	--	389	Ethan NARKIEWICZ	Columbia (Sec 2)	9:06	25:51
39	--	315	Steven DONG	Colonie	9:32	27:06

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## Overall Results

Place	Points	Bib	Name	Team	Pace	Time
40	--	318	Henry GIFFORD	Colonie	9:57	28:18
41	--	391	Evan Victor POLE	Columbia (Sec 2)	14:03	39:55

## Girls JV

1	1	822	Kaitlyn MOORE	Shenendehowa	7:07	20:14
2	2	823	Addy MORELLI	Shenendehowa	7:08	20:17
3	3	829	Julia SINNOTT	Shenendehowa	7:11	20:26
4	4	830	Kaitlin SPINNER	Shenendehowa	7:11	20:26
5	5	790	Sophie COTTRELL	Shenendehowa	7:12	20:27
6	(6)	804	Maya JANSSEN	Shenendehowa	7:15	20:36
7	(7)	805	Kira JONES	Shenendehowa	7:16	20:40
8	--	782	Emma ANDERSON	Shenendehowa	7:17	20:42
9	--	806	Sydney JOYCE	Shenendehowa	7:18	20:44
10	--	833	Sydney UPDYKE	Shenendehowa	7:20	20:51
11	--	783	Lillian ARMSTRONG	Shenendehowa	7:26	21:08
12	--	295	Madeleine KOON	Colonie	7:31	21:22
13	8	353	Helen KETZER	Columbia (Sec 2)	7:32	21:24
14	--	831	Dia SWEET	Shenendehowa	7:41	21:51
15	--	285	Grace DENNIN	Colonie	7:44	21:58
16	--	304	Sophia QUACKENBUSH	Colonie	7:44	21:59
17	--	801	Elizabeth HOOK	Shenendehowa	7:50	22:15
18	--	799	Reigan HEROLD	Shenendehowa	7:51	22:18
19	9	365	Chloe SCACCIA	Columbia (Sec 2)	8:08	23:08
20	--	825	Isabella QUATRINI	Shenendehowa	8:13	23:21
21	10	359	Charlotte MUELLER	Columbia (Sec 2)	8:16	23:31
22	--	818	Sarah MCFARLANE	Shenendehowa	8:23	23:51
23	--	812	Emma LITTLEJOHN	Shenendehowa	8:32	24:15
24	--	811	Iris LIMBOI	Shenendehowa	8:40	24:38
25	11	346	Natalie BAUM	Columbia (Sec 2)	8:54	25:18
26	12	370	Isabela UTTER	Columbia (Sec 2)	8:55	25:20
27	(13)	362	Maya PRESTON	Columbia (Sec 2)	8:55	25:21
28	--	798	Caitlin HART	Shenendehowa	9:36	27:16
29	(14)	344	Ei AUNG	Columbia (Sec 2)	10:33	29:58
30	--	348	Nicole DALY	Columbia (Sec 2)	10:33	29:58
31	--	349	Maya DERICO	Columbia (Sec 2)	10:33	29:59
32	--	786	Emily BOLOGNA	Shenendehowa	11:32	32:47

## Boys Varsity

1	1	387	Giovanni LAPIETRA	Columbia (Sec 2)	5:24	15:22
2	2	843	Jack HALLAHAN	Shenendehowa	5:37	15:58
3	3	399	Jasper TRAVIS	Columbia (Sec 2)	5:45	16:20
4	4	678	David RAMBHAROSE	Schenectady	5:51	16:37
5	5	381	Daniel CIRINCIONE	Columbia (Sec 2)	5:52	16:41
6	6	861	Jack SEAGROATT	Shenendehowa	5:53	16:44
7	7	838	Leo CHRISTOPHER	Shenendehowa	5:55	16:49
8	8	865	Joshua WOODRY	Shenendehowa	5:56	16:53
9	9	848	Erik MILLER	Shenendehowa	5:58	16:59
10	(10)	867	Jackson ZBYZENSKI	Shenendehowa	5:59	16:59
11	(11)	851	Rohit NATANMAI	Shenendehowa	6:00	17:03
12	12	681	Michael SERRANO	Schenectady	6:01	17:07
13	13	682	Adam SHAHBAIN	Schenectady	6:08	17:26
14	14	669	Alucien GONZALEZ	Schenectady	6:10	17:31

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## Overall Results

Place	Points	Bib	Name	Team	Pace	Time
15	15	386	Robert GRAZIANO	Columbia (Sec 2)	6:11	17:33
16	16	343	Ian ZEHNDER	Colonie	6:12	17:37
17	17	311	Owen CONLEY	Colonie	6:12	17:38
18	18	392	Eliel RAPHAEL	Columbia (Sec 2)	6:13	17:40
19	(19)	379	Thenuk CHANDRASEKERA	Columbia (Sec 2)	6:15	17:47
20	20	324	Hunter LAWYER	Colonie	6:16	17:48
21	21	329	Sebastian NITCHER	Colonie	6:17	17:52
22	(22)	383	Joey EDICK	Columbia (Sec 2)	6:18	17:55
23	23	679	Devian ROBERTS	Schenectady	6:21	18:03
24	24	321	Austin LAFOUNTAIN	Colonie	6:23	18:08
25	(25)	341	Alex WHEELER	Colonie	6:23	18:09
26	(26)	310	Michael BACKSTROM	Colonie	6:24	18:11
27	(27)	671	Davon HENRY	Schenectady	6:25	18:14
28	(28)	663	Cainen ACETO	Schenectady	6:46	19:13

## Girls Varsity

1	1	299	Mia MCCLAIN	Colonie	6:20	18:01
2	2	785	Leyla BHUSRI	Shenendehowa	6:23	18:08
3	3	372	Ava WEISS	Columbia (Sec 2)	6:28	18:22
4	4	809	Courtney KRAWIECKI	Shenendehowa	6:32	18:35
5	5	374	Sabine YANNONE	Columbia (Sec 2)	6:35	18:44
6	6	282	Liliana BURBIGE	Colonie	6:40	18:57
7	7	288	Gia KELLEHER	Colonie	6:41	18:59
8	8	360	Lucille MUELLER	Columbia (Sec 2)	6:41	19:00
9	9	296	Juliana LAFOUNTAIN	Colonie	6:43	19:04
10	10	300	Abigail MILO	Colonie	6:48	19:20
11	11	810	Raquelle LANDA	Shenendehowa	6:53	19:34
12	12	808	Fiona KLINGBEIL	Shenendehowa	6:53	19:34
13	13	357	Gabriella LAQUIDARA	Columbia (Sec 2)	6:58	19:49
14	14	787	Eva BRONZELL	Shenendehowa	6:59	19:52
15	(15)	796	Maira GLYNN	Shenendehowa	6:59	19:52
16	(16)	298	Ellie MASTAITIS	Colonie	7:00	19:54
17	17	354	Olivia KLINE	Columbia (Sec 2)	7:03	20:02
18	(18)	797	Meghan GRIZZAFFI	Shenendehowa	7:07	20:13
19	(19)	292	Kierra KINDLON	Colonie	7:18	20:46
20	(20)	358	Hailey MILLER	Columbia (Sec 2)	7:19	20:48
21	(21)	369	Amber TRAVIS	Columbia (Sec 2)	7:25	21:04
22	22	655	Jada MAEHRLEIN	Schenectady	7:44	22:00
23	23	654	Emily EINHORN	Schenectady	8:58	25:29
24	24	651	Jalanisse CABRERA LOPEZ	Schenectady	8:58	25:30
25	25	660	Amarie SHERWOOD	Schenectady	9:29	26:58
26	26	653	Violet CORLEW	Schenectady	10:22	29:28

Number of records: 186

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
<b>Boys Freshmen</b>							
1	Shenendehowa	10	44:06	08:49	9:47	0:57	1-2-3-4-5-6-7
<b>Girls Freshmen</b>							
1	Shenendehowa	14	47:25	09:29	10:31	0:02	3-4-5-6-7-11-12
2	Colonie	27	49:27	09:53	10:58	0:53	2-9-10-13-17-20-21
<b>Boys JV</b>							
1	Shenendehowa	10	1:27:19	17:27	9:53	0:46	1-2-3-4-5-6-11
2	Colonie	37	1:33:52	18:46	10:38	0:43	7-12-13-14-15-17-18
<b>Girls JV</b>							
1	Shenendehowa	10	1:41:53	20:22	11:32	0:12	1-2-3-4-5-6-7
<b>Boys Varsity</b>							
1	Shenendehowa	10	1:23:25	16:41	9:27	1:01	2-6-7-8-9-10-11
2	Colonie	38	1:29:05	17:49	10:05	0:30	16-17-20-21-24-25-26
<b>Girls Varsity</b>							
1	Colonie	16	1:34:24	18:52	10:41	1:18	1-6-7-9-10-16-19
2	Shenendehowa	22	1:35:45	19:09	10:51	1:43	2-4-11-12-14-15-18

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## **TEAM RESULTS**

<b>Place</b>	<b>Name</b>	<b>Score</b>	<b>Total Time</b>	<b>Avg Time</b>	<b>Avg Pace</b>	<b>Team Spread</b>	<b>Scoring</b>
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### **Girls Freshmen**

1	Colonie	15	49:27	09:53	10:58	0:53	2-9-10-13-17-20-21
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### **Boys JV**

1	Colonie	15	1:33:52	18:46	10:38	0:43	7-12-13-14-15-17-18
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### **Boys Varsity**

1	Schenectady	19	1:26:45	17:21	9:49	1:25	4-12-13-14-23-27-28
2	Colonie	36	1:29:05	17:49	10:05	0:30	16-17-20-21-24-25-26

### **Girls Varsity**

1	Colonie	15	1:34:24	18:52	10:41	1:18	1-6-7-9-10-16-19
2	Schenectady	50	2:09:27	25:53	14:40	7:27	22-23-24-25-26

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
<b>Boys Freshmen</b>							
1	Shenendehowa	15	44:06	08:49	9:47	0:57	1-2-3-4-5-6-7
<b>Girls Freshmen</b>							
1	Shenendehowa	20	47:25	09:29	10:31	0:02	3-4-5-6-7-11-12
2	Columbia (Sec 2)	41	49:19	09:51	10:56	0:58	1-8-14-15-16-18-19
<b>Boys JV</b>							
1	Shenendehowa	15	1:27:19	17:27	9:53	0:46	1-2-3-4-5-6-11
2	Columbia (Sec 2)	47	1:37:30	19:30	11:03	3:04	8-9-10-16-19-20-21
<b>Girls JV</b>							
1	Shenendehowa	15	1:41:53	20:22	11:32	0:12	1-2-3-4-5-6-7
2	Columbia (Sec 2)	50	1:58:42	23:44	13:27	3:55	8-9-10-11-12-13-14
<b>Boys Varsity</b>							
1	Shenendehowa	28	1:23:25	16:41	9:27	1:01	2-6-7-8-9-10-11
2	Columbia (Sec 2)	31	1:23:39	16:43	9:28	2:18	1-3-5-15-18-19-22
<b>Girls Varsity</b>							
1	Shenendehowa	26	1:35:45	19:09	10:51	1:43	2-4-11-12-14-15-18
2	Columbia (Sec 2)	30	1:35:59	19:11	10:52	1:40	3-5-8-13-17-20-21

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
<b>Girls Freshmen</b>							
1	Columbia (Sec 2)	15	49:19	09:51	10:56	0:58	1-8-14-15-16-18-19
<b>Boys JV</b>							
1	Columbia (Sec 2)	15	1:37:30	19:30	11:03	3:04	8-9-10-16-19-20-21
<b>Girls JV</b>							
1	Columbia (Sec 2)	15	1:58:42	23:44	13:27	3:55	8-9-10-11-12-13-14
<b>Boys Varsity</b>							
1	Columbia (Sec 2)	24	1:23:39	16:43	9:28	2:18	1-3-5-15-18-19-22
2	Schenectady	33	1:26:45	17:21	9:49	1:25	4-12-13-14-23-27-28
<b>Girls Varsity</b>							
1	Columbia (Sec 2)	15	1:35:59	19:11	10:52	1:40	3-5-8-13-17-20-21
2	Schenectady	50	2:09:27	25:53	14:40	7:27	22-23-24-25-26



# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
<b>Girls Freshmen</b>							
1	Colonie	27	49:27	09:53	10:58	0:53	2-9-10-13-17-20-21
2	Columbia (Sec 2)	28	49:19	09:51	10:56	0:58	1-8-14-15-16-18-19
<b>Boys JV</b>							
1	Colonie	27	1:33:52	18:46	10:38	0:43	7-12-13-14-15-17-18
2	Columbia (Sec 2)	30	1:37:30	19:30	11:03	3:04	8-9-10-16-19-20-21
<b>Girls JV</b>							
1	Columbia (Sec 2)	15	1:58:42	23:44	13:27	3:55	8-9-10-11-12-13-14
<b>Boys Varsity</b>							
1	Columbia (Sec 2)	17	1:23:39	16:43	9:28	2:18	1-3-5-15-18-19-22
2	Colonie	42	1:29:05	17:49	10:05	0:30	16-17-20-21-24-25-26
<b>Girls Varsity</b>							
1	Colonie	25	1:34:24	18:52	10:41	1:18	1-6-7-9-10-16-19
2	Columbia (Sec 2)	31	1:35:59	19:11	10:52	1:40	3-5-8-13-17-20-21

# Columbia-Colonie-Schenectady-Shenendehowa XC Dual Meet

## TEAM RESULTS

Place	Name	Score	Total Time	Avg Time	Avg Pace	Team Spread	Scoring
<b>Boys Freshmen</b>							
1	Shenendehowa	15	44:06	08:49	9:47	0:57	1-2-3-4-5-6-7
<b>Girls Freshmen</b>							
1	Shenendehowa	15	47:25	09:29	10:31	0:02	3-4-5-6-7-11-12
<b>Boys JV</b>							
1	Shenendehowa	15	1:27:19	17:27	9:53	0:46	1-2-3-4-5-6-11
<b>Girls JV</b>							
1	Shenendehowa	15	1:41:53	20:22	11:32	0:12	1-2-3-4-5-6-7
<b>Boys Varsity</b>							
1	Shenendehowa	19	1:23:25	16:41	9:27	1:01	2-6-7-8-9-10-11
2	Schenectady	44	1:26:45	17:21	9:49	1:25	4-12-13-14-23-27-28
<b>Girls Varsity</b>							
1	Shenendehowa	15	1:35:45	19:09	10:51	1:43	2-4-11-12-14-15-18
2	Schenectady	50	2:09:27	25:53	14:40	7:27	22-23-24-25-26