

# Common Roots River Run for the Roots



## Age Group Awards

| Place               | Bib  | Name                | State | City              | Age | Club | GunTime | Pace       |
|---------------------|------|---------------------|-------|-------------------|-----|------|---------|------------|
| <b>5K</b>           |      |                     |       |                   |     |      |         |            |
| <b>Male 1-19</b>    |      |                     |       |                   |     |      |         |            |
| 1.                  | 1574 | Van Deusen, Luka    | CO    | Littleton         | 10  |      | 26:18.3 | 8:27 / mi  |
| 2.                  | 1505 | Grabbe, Alexander   | NY    | Glens Falls       | 10  |      | 36:19.5 | 11:41 / mi |
| 3.                  | 1525 | Ho, Wesley          | CA    | Poway             | 12  |      | 42:45.8 | 13:45 / mi |
| <b>Female 1-19</b>  |      |                     |       |                   |     |      |         |            |
| 1.                  | 1591 | Kraus, Mari         | VT    | Poultney          | 9   |      | 30:56.8 | 9:57 / mi  |
| 2.                  | 1520 | Hennessey, Hailee   | NY    | Troy              | 13  |      | 33:08.1 | 10:39 / mi |
| 3.                  | 1506 | Grabbe, Daniella    | NY    | Glens Falls       | 11  |      | 34:34.3 | 11:07 / mi |
| <b>Male 20-29</b>   |      |                     |       |                   |     |      |         |            |
| 1.                  | 1484 | Burch, Ross         | NY    | Schuylerville     | 28  |      | 23:50.9 | 7:40 / mi  |
| 2.                  | 1585 | Heagerty, Sean      | NY    | Glens Falls       | 24  |      | 24:31.1 | 7:53 / mi  |
| 3.                  | 1557 | Rosen, Casey        | NY    | Troy              | 23  |      | 26:35.9 | 8:33 / mi  |
| <b>Female 20-29</b> |      |                     |       |                   |     |      |         |            |
| 1.                  | 1488 | Clark-Sebast, Tonya | NY    | Cambridge         | 27  |      | 26:03.0 | 8:23 / mi  |
| 2.                  | 1481 | Brooks, Lily        | NY    | South Glens Falls | 25  |      | 31:19.7 | 10:04 / mi |
| 3.                  | 1597 | Pinard, Hannah      | NY    | Baldwinsville     | 22  |      | 34:06.3 | 10:58 / mi |
| <b>Male 30-39</b>   |      |                     |       |                   |     |      |         |            |
| 1.                  | 1533 | Kobor, Ryan         | NY    | South Glens Falls | 38  |      | 21:54.2 | 7:02 / mi  |
| 2.                  | 1472 | Abbotoni, Zachary   | FL    | Saint Petersburg  | 30  |      | 24:23.1 | 7:50 / mi  |
| 3.                  | 1490 | Cummings, TJ        | NY    | Ballston Spa      | 35  |      | 25:00.0 | 8:02 / mi  |
| <b>Female 30-39</b> |      |                     |       |                   |     |      |         |            |
| 1.                  | 1596 | Weatherhead, Jordan | NY    | Glens Falls       | 32  |      | 26:56.5 | 8:40 / mi  |
| 2.                  | 1485 | Caffry, Emily       | FL    | Saint Petersburg  | 31  |      | 27:15.3 | 8:46 / mi  |
| 3.                  | 1521 | Hennessey, Krystal  | NY    | Troy              | 38  |      | 31:25.6 | 10:06 / mi |
| <b>Male 40-49</b>   |      |                     |       |                   |     |      |         |            |
| 1.                  | 1592 | Kraus, Michael      | VT    | Poultney          | 41  |      | 30:56.8 | 9:57 / mi  |
| 2.                  | 1576 | Van Deusen, Matt    | CO    | Littleton         | 47  |      | 32:24.4 | 10:25 / mi |
| 3.                  | 1568 | Tedesco, Lawrence   | PA    | York              | 44  |      | 32:29.8 | 10:27 / mi |
| <b>Female 40-49</b> |      |                     |       |                   |     |      |         |            |
| 1.                  | 1586 | Morris, Corrine     | NY    | Jamesville        | 44  |      | 25:53.4 | 8:19 / mi  |
| 2.                  | 1508 | Grabbe, Lisa        | NY    | Glens Falls       | 42  |      | 27:53.3 | 8:58 / mi  |
| 3.                  | 1474 | Alessi, Kimberly    | NY    | Glens Falls       | 41  |      | 30:07.9 | 9:41 / mi  |



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| <b>Male 50-59</b>      |      |                     |       |                   |     |      |           |            |
| 1.                     | 1573 | Tokarczyk, Joseph   | NY    | Amsterdam         | 52  |      | 23:34.8   | 7:35 / mi  |
| 2.                     | 1504 | Gorham, Michael     | NY    | Gansevoort        | 50  |      | 23:51.7   | 7:40 / mi  |
| 3.                     | 1594 | Harper, Gary        | NY    | Fort Edward       | 54  |      | 24:49.0   | 7:59 / mi  |
| <b>Female 50-59</b>    |      |                     |       |                   |     |      |           |            |
| 1.                     | 1492 | Delaney, Tracey     | NY    | Queensbury        | 58  |      | 25:11.9   | 8:06 / mi  |
| 2.                     | 1534 | LaBombard, Jane     | NY    | Glens Falls       | 51  |      | 27:17.9   | 8:47 / mi  |
| 3.                     | 1593 | Pleban, Lisa        | NY    | Gansevoort        | 58  |      | 27:33.9   | 8:52 / mi  |
| <b>Male 60-69</b>      |      |                     |       |                   |     |      |           |            |
| 1.                     | 1418 | Connors, Jim        |       |                   | 68  |      | 27:43.8   | 8:55 / mi  |
| 2.                     | 1532 | Johnson, Stuart     | NY    | Queensbury        | 65  |      | 28:45.2   | 9:15 / mi  |
| 3.                     | 1589 | Schachner, Mark     | NY    | Lake George       | 68  |      | 29:39.6   | 9:32 / mi  |
| <b>Female 60-69</b>    |      |                     |       |                   |     |      |           |            |
| 1.                     | 1562 | Sinnott, Mary Faith | NY    | South Glens Falls | 61  |      | 32:47.6   | 10:33 / mi |
| 2.                     | 1550 | Myette, Janet       | NY    | Glens Falls       | 66  |      | 50:49.7   | 16:21 / mi |
| <b>Male 70+</b>        |      |                     |       |                   |     |      |           |            |
| 1.                     | 1560 | Sager, Mark         | NY    | Glens Falls       | 72  |      | 27:57.1   | 8:59 / mi  |
| 2.                     | 1536 | Larson, Daniel      | NY    | Queensbury        | 73  |      | 29:46.9   | 9:35 / mi  |
| 3.                     | 1567 | Stevens, Norman     | NY    | Moreau            | 82  |      | 33:03.0   | 10:38 / mi |
| <b>Female 70+</b>      |      |                     |       |                   |     |      |           |            |
| 1.                     | 1555 | Roche, Linda J      | NH    | Francestown       | 71  |      | 50:50.7   | 16:21 / mi |
| 2.                     | 1513 | Green, Victoria     | NY    | Hudson Falls      | 70  |      | 51:20.3   | 16:31 / mi |
| 3.                     | 1421 | Labombard, Cathy    | NY    | Queensbury        | 74  |      | 1:06:24.6 | 21:22 / mi |
| <b>Female Stroller</b> |      |                     |       |                   |     |      |           |            |
| 1.                     | 1599 | Vladyka, Brittany   | VT    | Fair Haven        | 99  |      | 36:54.5   | 11:52 / mi |
| 2.                     | 1556 | Roesch, Gretchen    | NY    | South Glens Falls | 99  |      | 41:40.3   | 13:24 / mi |
| 3.                     | 1526 | Hoag, Brittany      | NY    | Fort Ann          | 99  |      | 42:57.9   | 13:49 / mi |
| <b>Male Stroller</b>   |      |                     |       |                   |     |      |           |            |
| 1.                     | 1476 | Barrett, Joseph     | NY    | Cossayuna         | 99  |      | 23:32.9   | 7:34 / mi  |
| 2.                     | 1595 | Weatherhead, Andrew | NY    | Glens Falls       | 99  |      | 27:14.3   | 8:46 / mi  |
| 3.                     | 1507 | Grabbe, Jeremy      | NY    | Glens Falls       | 99  |      | 36:25.0   | 11:43 / mi |

