

2024 Run For Jon



Age Group Awards 2.5 Mile Run

| Place | Bib | Name | State | City | Age | Club | FinishTime | Pace |
|----------------------------|-----|---------------------|-------|-----------------|-----|------------------|------------|------------|
| 2.5 Mile Run | | | | | | | | |
| Male 12 and Under | | | | | | | | |
| 1. | 98 | Carter, Andrew | NY | Morrisonville | 12 | | 16:40.8 | 6:40 / mi |
| 2. | 87 | Francia, John | NY | Peru | 12 | | 17:58.3 | 7:11 / mi |
| 3. | 462 | ST. DENNIS, ANDREW | NY | Plattsburgh | 12 | | 18:39.8 | 7:27 / mi |
| Female 12 and Under | | | | | | | | |
| 1. | 172 | Guynup, Delaney | NY | Peru | 10 | Team Guynup | 21:10.0 | 8:27 / mi |
| 2. | 470 | WELC, MEREDITH | NY | Peru | 12 | | 22:08.3 | 8:51 / mi |
| 3. | 286 | BESAW, LILY | NY | Cadyville | 12 | | 26:32.2 | 10:36 / mi |
| Male 13-19 | | | | | | | | |
| 1. | 461 | SLICK, JONATHAN | NY | Plattsburgh | 17 | | 13:45.9 | 5:30 / mi |
| 2. | 416 | DUPUIS, CELTON | NY | Port Kent | 16 | | 14:14.7 | 5:41 / mi |
| 3. | 433 | LYNCH, JAMES | NY | Saranac | 17 | | 14:55.3 | 5:58 / mi |
| Female 13-19 | | | | | | | | |
| 1. | 413 | DENIAL, LAURA | NY | Saranac | 18 | | 17:53.2 | 7:09 / mi |
| 2. | 469 | WELC, MADDY | NY | Peru | 14 | | 18:09.9 | 7:15 / mi |
| 3. | 16 | Kennedy, Cadence | NY | Bloomingtondale | 14 | | 18:12.4 | 7:16 / mi |
| Male 19-29 | | | | | | | | |
| 1. | 482 | Brandt, Hayden | NY | Keesville | 23 | | 15:26.3 | 6:10 / mi |
| 2. | 180 | Williams, Logan | NY | Cadyville | 28 | | 19:34.2 | 7:49 / mi |
| 3. | 203 | Medeiros, Austin | | | 29 | Team Medeiros | 25:43.0 | 10:17 / mi |
| Female 19-29 | | | | | | | | |
| 1. | 199 | Whyman, Mel | ny20 | Peru | 28 | | 16:37.2 | 6:38 / mi |
| 2. | 179 | Miner, Lydia | NY | Cadyville | 26 | | 19:33.0 | 7:49 / mi |
| 3. | 281 | BENOIT, CLAIRE | NY | Plattsburgh | 23 | | 24:11.4 | 9:40 / mi |
| Male 30-39 | | | | | | | | |
| 1. | 440 | MEDEIROS, J MATTHEW | NY | Saranac | 39 | Team Medeiros | 14:00.3 | 5:36 / mi |
| 2. | 198 | Remillard, Morgan | ny199 | Peru | 38 | | 15:57.3 | 6:22 / mi |
| 3. | 297 | BROWN, COREY | NY | Plattsburgh | 38 | Team Brown-Curry | 18:11.3 | 7:16 / mi |
| Female 30-39 | | | | | | | | |
| 1. | 168 | Dubrey, Katie | NY | Dannemora | 36 | | 19:44.3 | 7:53 / mi |
| 2. | 123 | Medeiros, Emily | NY | Dannemaora | 36 | Team Medeiros | 20:38.9 | 8:15 / mi |
| 3. | 408 | CURRY-BROWN, KRISTY | NY | Plattsburgh | 36 | Team Brown-Curry | 22:51.1 | 9:08 / mi |



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|------------------------|-----|-------------------|-------|---------------|-----|------------------|------------|------------|
| Male 40-49 | | | | | | | | |
| 1. | 443 | MINCHOFF, CJ | NY | Plattsburgh | 40 | Minchoff Mayhem | 14:39.4 | 5:51 / mi |
| 2. | 484 | Finlaw, Jason | NY | Plattsburgh | 46 | | 15:16.6 | 6:06 / mi |
| 3. | 185 | Trombly, Lyles | NY | Plattsburgh | 41 | | 15:45.9 | 6:18 / mi |
| Female 40-49 | | | | | | | | |
| 1. | 441 | MENARD, AMY | NY | Plattsburgh | 46 | | 17:43.7 | 7:05 / mi |
| 2. | 497 | Drowne, Shannon | NY | West Chazy | 47 | | 19:13.6 | 7:41 / mi |
| 3. | 15 | Keanedy, Jill | NY | Bloomington | 47 | | 20:06.9 | 8:02 / mi |
| Male 50-59 | | | | | | | | |
| 1. | 465 | SYPEK, BRIAN | NY | Peru | 50 | | 19:30.6 | 7:48 / mi |
| 2. | 177 | Vogl, Steven | NY | Plattsburgh | 56 | | 21:28.5 | 8:35 / mi |
| 3. | 129 | Pudlo, Aaron | ME | Sanford | 53 | | 21:41.5 | 8:40 / mi |
| Female 50-59 | | | | | | | | |
| 1. | 407 | CURRY, ALYSON | NY | Morrisonville | 59 | Team Brown-Curry | 29:33.3 | 11:49 / mi |
| Male 60-69 | | | | | | | | |
| 1. | 282 | BENOIT, KEITH | NY | Plattsburgh | 60 | | 16:12.0 | 6:28 / mi |
| 2. | 458 | SEARING, TONY | NY | Morrisonville | 69 | | 20:04.5 | 8:01 / mi |
| 3. | 492 | Ducharme, Jude | NY | Brushton | 63 | | 23:25.8 | 9:22 / mi |
| Female 60-69 | | | | | | | | |
| 1. | 202 | Engleman, Patty | | | 62 | | 26:19.6 | 10:31 / mi |
| 2. | 294 | BOUGHTWOOD, PAULA | NY | Rensselaer | 63 | | 26:34.0 | 10:37 / mi |
| 3. | 485 | Johnston, Diane | NY | Chteaugay | 65 | | 31:16.7 | 12:30 / mi |
| Male 70+ | | | | | | | | |
| 1. | 188 | Robinson, Mark | NY | Peru | 70 | | 22:58.6 | 9:11 / mi |
| 2. | 493 | Hamm, John | NY | Vermontville | 72 | | 28:54.5 | 11:33 / mi |
| 3. | 125 | Frank, Jay | NY | Kesseville | 84 | | 44:13.3 | 17:41 / mi |
| Female Stroller | | | | | | | | |
| 1. | 176 | Herdic, Caitrin | NY | Morrisonville | 99 | | 25:04.1 | 10:01 / mi |

