



Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
5K								
1.	369	Brennan, Cooper	30	M	Male 30-39		16:24.8	5:17 / mi
2.	45	Burgess, Liam	18	M	Male 15-19		16:25.3	5:17 / mi
3.	364	Wyman, Ethan	25	M	Male 20-29	Tiki Titans	18:10.7	5:51 / mi
4.	232	Meunier, Andrew	38	M	Male 30-39	GFH Lab	18:34.9	5:59 / mi
5.	1283	Purvis, Lance	46	M	Male 40-49		18:39.2	6:01 / mi
6.	143	Hare, Jason	47	M	Male 40-49	Quality Lineup	19:17.3	6:13 / mi
7.	361	Workman, Braden	14	M	Male 14 & Under		19:36.5	6:19 / mi
8.	220	Margan, Adam	40	M	Male 40-49		19:43.3	6:21 / mi
9.	55	Casavant, Hayden	19	M	Male 15-19		20:05.2	6:28 / mi
10.	246	Murphy, Brady	17	M	Male 15-19		20:16.1	6:32 / mi
11.	110	Esqueda, Javier	13	M	Male 14 & Under		20:16.7	6:32 / mi
12.	331	Townes, Alexandra	39	F	Female 30-39		20:34.9	6:38 / mi
13.	307	Stauffer, Kelsey	33	F	Female 30-39	Rehab Racers	20:42.6	6:40 / mi
14.	385	Coyner, Emma	28	F	Female 20-29		20:48.0	6:42 / mi
15.	386	Cotter, Kelly	59	F	Female 50-59		20:48.2	6:42 / mi
16.	384	Burns, Kayla	33	F	Female 30-39		20:49.4	6:43 / mi
17.	1287	Gathen, Farrier	41	F	Female 40-49		20:52.1	6:43 / mi
18.	2	Alessi, Haven	15	M	Male 15-19	Rehab Racers	20:57.9	6:45 / mi
19.	362	Workman, Caden	14	M	Male 14 & Under		21:00.2	6:46 / mi
20.	320	Taylor, Keaton	15	M	Male 15-19		21:32.8	6:57 / mi
21.	265	Pizarro, Glenn	62	M	Male 60-69	Quality Lineup	21:45.7	7:01 / mi
22.	275	Rand, Janne	39	F	Female 30-39	GFH Lab	21:47.1	7:01 / mi
23.	1344	Gorton, Kasey	24	F	Female 20-29		21:54.5	7:04 / mi
24.	195	Lajeunesse, Sean	17	M	Male 15-19		21:59.4	7:05 / mi
25.	304	Smith III, Lawrence	19	M	Male 15-19	Quality Lineup	22:01.3	7:06 / mi
26.	301	Smith, Dylan	17	M	Male 15-19	Quality Lineup	22:03.9	7:07 / mi
27.	302	Smith, Larry	50	M	Male 50-59	Quality Lineup	22:05.7	7:07 / mi
28.	813	Keely, Susan	59	F	Female 50-59		22:10.1	7:09 / mi
29.	322	Tokarczyk, Joseph	52	M	Male 50-59		22:15.6	7:10 / mi
30.	281	Roberts, Daniel	41	M	Male 40-49	Quality Lineup	22:17.7	7:11 / mi
31.	25	Beck, Josh	34	M	Male 30-39	Cut to the Chasers	22:26.3	7:14 / mi
32.	27	Bell, Savannah	24	F	Female 20-29	HUS Heroes	22:33.6	7:16 / mi
33.	162	Hunsinger, Nick	34	M	Male 30-39		22:42.7	7:19 / mi
34.	395	Hogan, Josie	15	F	Female 15-19		22:43.5	7:19 / mi
35.	149	Hartung, Andrew	34	M	Male 30-39		22:50.1	7:21 / mi
36.	333	Truax, Tyler	32	M	Male 30-39		22:57.6	7:24 / mi
37.	814	Barbien, Alexandra	39	F	Female 30-39		22:58.3	7:24 / mi
38.	66	Cleveland, Lincoln	5	M	Male 14 & Under	Glens Falls Medical	23:06.2	7:27 / mi
39.	119	Frاندino, Nick	33	M	Male 30-39	Snuggery	23:08.8	7:27 / mi



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Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
40.	291	Seyb, Ron	63	M	Male 60-69		23:12.2	7:29 / mi
41.	365	Wyman, Sue	55	F	Female 50-59	Tiki Titans	23:12.7	7:29 / mi
42.	144	Harper, Gary	55	M	Male 50-59		23:13.1	7:29 / mi
43.	56	Cassidy, Eric	30	M	Male 30-39	Rehab Racers	23:18.2	7:31 / mi
44.	155	Hieronomy, Heather	49	F	Female 40-49	Rehab Racers	23:25.4	7:33 / mi
45.	821	Waterhouse, Riley	18	M	Male 15-19		23:38.8	7:37 / mi
46.	252	Nix, Jenifer	43	F	Female 40-49	Snuggery	23:53.5	7:42 / mi
47.	164	Hutchins, Nicholas	27	M	Male 20-29	Rehab Racers	24:05.8	7:46 / mi
48.	161	Hunsinger, Chris	64	M	Male 60-69		24:12.1	7:48 / mi
49.	239	Moss, Ashley	32	F	Female 30-39	Marilyn O'Neill's Barefoot	24:25.1	7:52 / mi
50.	311	Sullivan, Debbie	69	F	Female 60-69	Quality Lineup	24:28.6	7:53 / mi
51.	105	Ellingsworth, Craig	42	M	Male 40-49	Rehab Racers	24:30.1	7:54 / mi
52.	92	Doheny, Steve	63	M	Male 60-69	Rehab Racers	24:37.1	7:56 / mi
53.	319	Taylor, Kari	44	F	Female 40-49		24:52.3	8:01 / mi
54.	151	Hartwell, Hayden	13	M	Male 14 & Under		24:58.5	8:03 / mi
55.	63	Clark-Sebast, Tonya	27	F	Female 20-29	Snuggery	25:11.3	8:07 / mi
56.	1365	McGrath, Ellen	37	F	Female 30-39		25:20.2	8:10 / mi
57.	344	Washco, Jake	8	M	Male 14 & Under	Wacky Wobblers	25:26.3	8:12 / mi
58.	346	Washco, Melissa	40	F	Female 40-49	Wacky Wobblers	25:30.5	8:13 / mi
59.	308	Steenburgh, Jillian	36	F	Female 30-39	Rehab Racers	25:32.5	8:14 / mi
60.	1336	Bain, Katie	25	F	Female 20-29		25:38.3	8:16 / mi
61.	323	Torrisi, Tori	29	F	Female 20-29		25:41.6	8:17 / mi
62.	298	Simpson, Ryan	31	M	Male 30-39		25:41.8	8:17 / mi
63.	393	Carpenter, Peter	66	M	Male 60-69		25:50.5	8:20 / mi
64.	363	Wright, Chloe	16	F	Female 15-19		25:56.6	8:22 / mi
65.	59	Cerro, Vivienne	16	F	Female 15-19		26:00.3	8:23 / mi
66.	226	Markham, Todd	30	M	Male 30-39	Quality Lineup	26:03.5	8:24 / mi
67.	381	Gates, Kara	39	F	Female 30-39		26:10.1	8:26 / mi
68.	233	Meunier, Rashna	38	F	Female 30-39	GFH Lab	26:10.7	8:26 / mi
69.	158	Hoy, Connor	16	M	Male 15-19		26:21.8	8:30 / mi
70.	259	Peltier, Ted	60	M	Male 60-69		26:40.4	8:36 / mi
71.	285	Rusate, Alex	33	M	Male 30-39		27:07.9	8:45 / mi
72.	72	Croyle, Wayne	51	M	Male 50-59	Rehab Racers	27:13.0	8:46 / mi
73.	254	Nudi, Erin	38	F	Female 30-39		27:19.5	8:48 / mi
74.	235	Mickle, Taylor	29	M	Male 20-29	Quality Lineup	27:23.8	8:50 / mi
75.	124	Gannon, Derek	32	M	Male 30-39	Cut to the Chasers	27:24.8	8:50 / mi
76.	3	Alessi, Kimberly	42	F	Female 40-49	Rehab Racers	27:29.5	8:52 / mi
77.	380	Gensch, Karla	39	F	Female 30-39		27:32.5	8:53 / mi
78.	1294	Jorgensen, Vanessa	20	F	Female 20-29		27:38.0	8:54 / mi
79.	170	Jorgensen, Shawn	51	M	Male 50-59	Rehab Racers	27:38.7	8:55 / mi
80.	247	Murphy, Katelyne	42	F	Female 40-49		27:40.6	8:55 / mi



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Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
81.	1321	Bain, Sharon	78	F	Female 70-79		27:41.4	8:55 / mi
82.	121	Fredette, Lindsey	34	F	Female 30-39		27:42.3	8:56 / mi
83.	266	Pollock, Casey	28	F	Female 20-29	Rehab Racers	27:46.5	8:57 / mi
84.	212	Lyle, Tom	59	M	Male 50-59		27:48.2	8:58 / mi
85.	1281	Lyons, Billy	43	M	Male 40-49		27:51.1	8:59 / mi
86.	804	Stanton, Em	47	F	Female 40-49		27:56.0	9:00 / mi
87.	147	Hart, Syd	19	F	Female 15-19	CR Wood Cancer Center	27:59.3	9:01 / mi
88.	1329	Bain, Sean	57	M	Male 50-59		28:04.8	9:03 / mi
89.	22	Basile, Connor	18	M	Male 15-19	Rehab Racers	28:13.3	9:06 / mi
90.	145	Harris, Shawn	61	M	Male 60-69		28:16.5	9:07 / mi
91.	89	Doepper, Erika	62	F	Female 60-69		28:23.3	9:09 / mi
92.	341	Walencik, Adam	71	M	Male 70-79		28:27.0	9:10 / mi
93.	153	Haslett, Leah	34	F	Female 30-39	Snuggery	28:27.4	9:10 / mi
94.	342	Walencik, Vickie	64	F	Female 60-69		28:29.8	9:11 / mi
95.	168	Jorgensen, Rachel	18	F	Female 15-19	Rehab Racers	28:46.5	9:16 / mi
96.	326	Touse, Cody	18	M	Male 15-19	Rehab Racers	28:46.8	9:17 / mi
97.	827	Walden, Hannah	25	F	Female 20-29		28:53.3	9:19 / mi
98.	58	Celeste, Kelsey	31	F	Female 30-39		28:59.8	9:21 / mi
99.	154	Hernandez-Brooks,	23	F	Female 20-29		29:01.7	9:21 / mi
100.	1296	Tipton, Tim	32	M	Male 30-39		29:02.7	9:22 / mi
101.	299	Smith, Alex	26	M	Male 20-29	Team ADNET	29:05.2	9:22 / mi
102.	310	Stortz, Rachael	20	F	Female 20-29	4 West Crew	29:19.0	9:27 / mi
103.	95	Durling, Michael	47	M	Male 40-49	Quality Lineup	29:23.1	9:28 / mi
104.	202	Law, Kirsten	54	F	Female 50-59		29:26.6	9:29 / mi
105.	172	Judkins, David	67	M	Male 60-69	Quality Lineup	29:30.5	9:31 / mi
106.	229	McCarty, Hayley	33	F	Female 30-39	Snuggery	29:38.0	9:33 / mi
107.	194	LaFreniere, Kristina	49	F	Female 40-49	Snuggery	29:39.5	9:34 / mi
108.	54	Carrazana-Markman,	29	F	Female 20-29		29:39.6	9:34 / mi
109.	352	Webb, Autumn	28	F	Female 20-29	CR Wood Cancer Center	29:41.0	9:34 / mi
110.	131	Goddard, James	35	M	Male 30-39	CR Wood Cancer Center	29:41.1	9:34 / mi
111.	1300	Lewis, Lisa	59	F	Female 50-59		29:42.2	9:34 / mi
112.	57	Cassidy, Ryan	31	M	Male 30-39		29:42.5	9:34 / mi
113.	180	Kegresse, Dawn	49	F	Female 40-49	CR Wood Cancer Center	29:47.1	9:36 / mi
114.	286	Russo, Joe	40	M	Male 40-49		30:02.6	9:41 / mi
115.	854	Dickson, Benjamin	50	M	Male 50-59		30:03.3	9:41 / mi
116.	848	Dickson, Matt	50	M	Male 50-59		30:06.6	9:42 / mi
117.	193	LaFave, Emily	25	F	Female 20-29	Quality Lineup	30:20.5	9:47 / mi
118.	188	Koons, Joshua	45	M	Male 40-49	Team ADNET	30:29.4	9:50 / mi
119.	196	Landgren, Ashley	30	F	Female 30-39	Heart Healthy Hawaiian	30:31.5	9:50 / mi
120.	210	Lorrain, Carrie	55	F	Female 50-59	Quality Lineup	30:34.9	9:51 / mi
121.	277	Reardon, Aubrey	30	F	Female 30-39	Rehab Racers	30:40.1	9:53 / mi



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Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
122.	1291	Carswell, Catherine	30	F	Female 30-39		30:40.4	9:53 / mi
123.	360	Woodcock, Megan	43	F	Female 40-49	Glens Falls Medical	30:47.9	9:56 / mi
124.	192	Lackey, Jodie	55	F	Female 50-59	Rehab Racers	30:54.9	9:58 / mi
125.	189	Krasovsky, Andrew	41	M	Male 40-49	Rehab Racers	30:57.0	9:59 / mi
126.	171	Jorgensen, Stephanie	53	F	Female 50-59	Rehab Racers	31:04.9	10:01 / mi
127.	16	Bain, MaryEllen	71	F	Female 70-79		31:18.3	10:05 / mi
128.	309	Stevens, Norman	82	M	Male 80+		31:19.2	10:06 / mi
129.	181	Kennedy, Laura	43	F	Female 40-49		31:21.8	10:07 / mi
130.	186	Kivlen, Evan	40	M	Male 40-49		31:22.3	10:07 / mi
131.	165	Irwin, Meghan	23	F	Female 20-29		31:22.4	10:07 / mi
132.	41	Buckley, Caleb	24	M	Male 20-29		31:22.5	10:07 / mi
133.	150	Hartwell, Daniel	33	M	Male 30-39		31:29.1	10:09 / mi
134.	42	Bulova, Jessica	46	F	Female 40-49		32:02.5	10:20 / mi
135.	249	Murphy, Robert	43	M	Male 40-49		32:05.6	10:21 / mi
136.	1292	Lieberth, Caroline	17	F	Female 15-19		32:11.3	10:22 / mi
137.	1293	Lieberth, Madeleine	13	F	Female 14 & Under		32:11.3	10:22 / mi
138.	223	Marillo, Isabella	13	F	Female 14 & Under	Cut to the Chasers	32:20.1	10:25 / mi
139.	1337	O'Leary, Keagan	28	M	Male 20-29		32:22.8	10:26 / mi
140.	36	Bremenkamp, Jonah	26	M	Male 20-29		32:29.8	10:28 / mi
141.	205	Liebl, Sydney	25	F	Female 20-29		32:35.7	10:30 / mi
142.	117	Flores, Amanda	36	F	Female 30-39		33:07.6	10:41 / mi
143.	1290	Kostner, Micah	11	M	Male 14 & Under		33:13.0	10:42 / mi
144.	211	Lyle, Allie	27	F	Female 20-29		33:15.4	10:43 / mi
145.	198	LaRock, Linda	64	F	Female 60-69		33:16.7	10:44 / mi
146.	397	Gilman, Briana	37	F	Female 30-39		33:22.2	10:45 / mi
147.	345	Washco, Maddie	8	F	Female 14 & Under	Wacky Wobblers	33:44.8	10:53 / mi
148.	347	Washco, Mike	45	M	Male 40-49	Wacky Wobblers	33:50.3	10:54 / mi
149.	267	Pratt, Erin	46	F	Female 40-49		33:50.6	10:55 / mi
150.	20	Barber, Claire	19	F	Female 15-19		34:37.4	11:10 / mi
151.	142	Hannon, Mary	66	F	Female 60-69		34:38.0	11:10 / mi
152.	392	Carpenter, Cole	23	M	Male 20-29		34:38.5	11:10 / mi
153.	1286	Harper, Greg	55	M	Male 50-59		34:46.7	11:13 / mi
154.	300	Smith, Brittany	37	F	Female 30-39		34:57.5	11:16 / mi
155.	12	Bailey, Kyle	26	M	Male 20-29		35:55.8	11:35 / mi
156.	244	Munawar, Zain	16	M	Male 15-19	M&Ms	36:02.7	11:37 / mi
157.	242	Munawar, Mahad	20	M	Male 20-29	M&Ms	36:03.9	11:38 / mi
158.	206	Lineback, Willaim	25	M	Male 20-29		36:30.5	11:46 / mi
159.	156	Hobbs, Gary	64	M	Male 60-69		36:54.2	11:54 / mi
160.	222	Marillo, Frederick	34	M	Male 30-39	Cut to the Chasers	37:23.9	12:03 / mi
161.	118	Fowler, Katie	36	F	Female 30-39	Quality Lineup	37:24.3	12:03 / mi
162.	283	Rollo, Stephanie	51	F	Female 50-59	Rehab Racers	37:49.4	12:12 / mi



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Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
163.	60	Chambers, Kathy	63	F	Female 60-69	CR Wood Cancer Center	38:05.3	12:17 / mi
164.	334	Underwood, Joanne	66	F	Female 60-69	CR Wood Cancer Center	38:06.0	12:17 / mi
165.	114	Fitzgibbon, Callie	9	F	Female 14 & Under	Cut to the Chasers	38:07.2	12:17 / mi
166.	166	Jameson, Jacob	26	M	Male 20-29	Infusion Inspiration	38:18.8	12:21 / mi
167.	167	Jameson, Ruth	51	F	Female 50-59	Infusion Inspiration	38:18.9	12:21 / mi
168.	221	Marillo, Charlotte	10	F	Female 14 & Under	Cut to the Chasers	38:41.8	12:28 / mi
169.	43	Burch, Jasmine	15	F	Female 15-19	Cut to the Chasers	39:09.0	12:37 / mi
170.	225	Mariotti, Kala	30	F	Female 30-39	Cut to the Chasers	39:33.8	12:45 / mi
171.	82	Deniston, Will	34	M	Male 30-39		39:34.6	12:45 / mi
172.	260	Perez, Christian	44	M	Male 40-49	Cut to the Chasers	39:38.6	12:47 / mi
173.	1289	Kostner, Scarlett	12	F	Female 14 & Under		40:21.5	13:01 / mi
174.	123	Gamble, Caitlin	41	F	Female 40-49	Rehab Racers	40:35.0	13:05 / mi
175.	1369	Fish, Brenda	58	F	Female 50-59		41:26.4	13:22 / mi
176.	1384	Quinn, Linda	57	F	Female 50-59		41:26.6	13:22 / mi
177.	355	Win, San	50	F	Female 50-59		41:54.9	13:31 / mi
178.	224	Marillo, Kailley	34	F	Female 30-39	Cut to the Chasers	42:04.1	13:34 / mi
179.	218	Mangan, James	58	M	Male 50-59	Grass Fed Carnivores	42:05.6	13:34 / mi
180.	219	Mangan, Katie	53	F	Female 50-59	Grass Fed Carnivores	42:05.7	13:34 / mi
181.	86	Diaz-Quist, Kenzie	5	F	Female 14 & Under	Grass Fed Carnivores	42:26.3	13:41 / mi
182.	272	Quist, Eileen	31	F	Female 30-39	Grass Fed Carnivores	42:26.5	13:41 / mi
183.	85	Diaz, Scarlett	7	F	Female 14 & Under	Grass Fed Carnivores	42:30.6	13:42 / mi
184.	273	Quist, Tim	44	M	Male 40-49	Grass Fed Carnivores	42:30.8	13:42 / mi
185.	17	Bain, Renee	50	F	Female 50-59	Rehab Racers	42:50.6	13:49 / mi
186.	88	Dingman, Callie	12	F	Female 14 & Under	Tiki Titans	44:36.0	14:23 / mi
187.	18	Baker, Erin	42	F	Female 40-49	Tiki Titans	44:36.4	14:23 / mi
188.	270	Prunty, Brianna	32	F	Female 30-39		45:15.0	14:35 / mi
189.	75	Cyphers, Myles	10	M	Male 14 & Under		45:15.1	14:35 / mi
190.	136	Groom, Steven	46	M	Male 40-49	CR Wood Cancer Center	46:09.0	14:53 / mi
191.	370	No Name, No Name	30	M	Male 30-39		46:11.8	14:54 / mi
192.	129	Glasheen, Brooke	29	F	Female 20-29		46:13.2	14:54 / mi
193.	130	Glasheen, Sean	32	M	Male 30-39		46:13.3	14:54 / mi
194.	1285	Harper, Alyssa	15	F	Female 15-19		46:15.5	14:55 / mi
195.	115	Fitzgibbon, Cole	7	M	Male 14 & Under	Cut to the Chasers	47:12.7	15:13 / mi
196.	293	Sharrow, Rebecca	43	F	Female 40-49	Cut to the Chasers	47:13.2	15:13 / mi
197.	40	Brunelle, Rebecca	50	F	Female 50-59	Heart Healthy Hawaiian	47:43.2	15:23 / mi
198.	109	Epstein, Alan	71	M	Male 70-79	Rehab Racers	48:05.1	15:30 / mi
199.	48	Bussing, Michelle	57	F	Female 50-59		48:10.0	15:32 / mi
200.	47	Bussing, Gregory	64	M	Male 60-69		48:10.1	15:32 / mi
201.	357	Winchip, Jennifer	39	F	Female 30-39	Infusion Inspiration	48:28.8	15:38 / mi
202.	241	Munawar, Ismaeel	4	M	Male 14 & Under	M&Ms	48:38.7	15:41 / mi
203.	240	Munawar, Irfan	51	M	Male 50-59	M&Ms	48:39.1	15:41 / mi



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Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
204.	243	Munawar, Sadia	45	F	Female 40-49	M&Ms	48:40.9	15:42 / mi
205.	77	Dapolito, Robin	63	F	Female 60-69	Quality Lineup	48:50.4	15:45 / mi
206.	262	PEREZ, Reid	6	M	Male 14 & Under	Cut to the Chasers	49:22.0	15:55 / mi
207.	78	Dapolito, Tony	61	M	Male 60-69	Quality Lineup	49:23.1	15:55 / mi
208.	261	Perez, Mary	42	F	Female 40-49	Cut to the Chasers	49:36.2	16:00 / mi
209.	134	Groom, Annette	42	F	Female 40-49	CR Wood Cancer Center	49:58.7	16:07 / mi
210.	39	Brown, Kansas	44	F	Female 40-49		51:43.1	16:40 / mi
211.	4	Alycon, Hillary	39	F	Female 30-39	Quality Lineup	51:53.2	16:44 / mi
212.	284	Rosick, Alexys	20	F	Female 20-29	CR Wood Cancer Center	51:57.1	16:45 / mi
213.	396	Gilman, Griffin	36	M	Male 30-39		52:09.6	16:49 / mi
214.	6	Anderson, Marisa	31	F	Female 30-39		52:13.6	16:50 / mi
215.	394	Hammon Ii, Daryl	30	M	Male 30-39		52:13.6	16:50 / mi
216.	140	Hammond, Daryl	1	M	Male 14 & Under		52:13.6	16:50 / mi
217.	278	Regan, Chase	19	M	Male 15-19		52:16.9	16:51 / mi
218.	359	Wood, Jean Julia	76	F	Female 70-79	Rehab Racers	52:49.1	17:02 / mi
219.	217	Malette, Lisa	51	F	Female 50-59	Rehab Racers	52:49.7	17:02 / mi
220.	135	Groom, Haiden	15	F	Female 15-19	CR Wood Cancer Center	52:55.4	17:04 / mi
221.	32	Breault, Will	48	M	Male 40-49	Heart Healthy Hawaiian	53:07.9	17:08 / mi
222.	230	McDermott, Barbara	61	F	Female 60-69		53:16.2	17:11 / mi
223.	97	Durocher, Brian	49	M	Male 40-49	Rehab Racers	53:18.6	17:11 / mi
224.	10	Arria, Laurie	61	F	Female 60-69	Rehab Racers	53:19.0	17:11 / mi
225.	44	Burch, Magen	38	F	Female 30-39	Cut to the Chasers	53:22.7	17:13 / mi
226.	353	Wern, Melissa	38	F	Female 30-39	Cut to the Chasers	53:22.9	17:13 / mi
227.	318	Tartaglione, Sue	58	F	Female 50-59	Cut to the Chasers	53:34.1	17:16 / mi
228.	23	Basile, Michael	55	M	Male 50-59	Rehab Racers	53:40.5	17:18 / mi
229.	24	Basile, Rachael	21	F	Female 20-29	Rehab Racers	53:41.4	17:19 / mi
230.	368	Zieniuk, Tricia	36	F	Female 30-39	CR Wood Cancer Center	53:51.2	17:22 / mi
231.	389	Fowler, Heather	46	F	Female 40-49		53:51.6	17:22 / mi
232.	245	Munn, Amy	57	F	Female 50-59	Heart Healthy Hawaiian	54:02.0	17:25 / mi
233.	356	Winchip, Jennifer	8	F	Female 14 & Under	Infusion Inspiration	54:19.0	17:31 / mi
234.	122	Frey, Sean	40	M	Male 40-49	Infusion Inspiration	54:30.2	17:34 / mi
235.	111	Farenell, Julia	72	F	Female 70-79		54:56.2	17:43 / mi
236.	197	Landry, Janie	37	F	Female 30-39		55:01.0	17:44 / mi
237.	148	Harten, Leigha	39	F	Female 30-39		55:01.1	17:44 / mi
238.	28	Berg, Renee	59	F	Female 50-59		55:02.1	17:45 / mi
239.	174	Kameda, Karter	7	M	Male 14 & Under	Quality Lineup	55:10.9	17:48 / mi
240.	175	Kameda, Kaylee	9	F	Female 14 & Under	Quality Lineup	55:15.2	17:49 / mi
241.	176	Kameda, Kenta	33	M	Male 30-39	Quality Lineup	55:29.6	17:54 / mi
242.	177	Kameda, Rachel	34	F	Female 30-39	Quality Lineup	55:29.8	17:54 / mi
243.	61	Clark, Lisa	45	F	Female 40-49		55:58.7	18:03 / mi
244.	126	Gilman, Lorna	63	F	Female 60-69	Rehab Racers	56:10.8	18:07 / mi



Glens Falls Hospital

2024 Glens Falls Hospital Foundation Aloha 5K and 1Mile Walk/Rur



Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
245.	216	Madia, Frank	64	M	Male 60-69	Rehab Racers	56:15.1	18:08 / mi
246.	271	purdy, beth	55	F	Female 50-59	Rehab Racers	57:25.2	18:31 / mi
247.	295	Short, Brittany	33	F	Female 30-39	Rehab Racers	57:25.2	18:31 / mi
248.	231	McMurry, Samantha	38	F	Female 30-39	Cut to the Chasers	57:35.8	18:34 / mi
249.	116	Fitzgibbon, Daniel	45	M	Male 40-49	Cut to the Chasers	57:36.1	18:34 / mi
250.	112	Fidd, Bryan	35	M	Male 30-39	Cut to the Chasers	57:39.0	18:35 / mi
251.	113	Fidd, Kara	33	F	Female 30-39	Cut to the Chasers	57:39.4	18:35 / mi
252.	93	Durling, Jillian	13	F	Female 14 & Under	Quality Lineup	58:58.7	19:01 / mi
253.	94	Durling, Margaret	15	F	Female 15-19	Quality Lineup	59:00.3	19:02 / mi
254.	80	Dawson, Jacqueline	61	F	Female 60-69	Tiki Titans	59:15.8	19:07 / mi
255.	1284	Clark, Rebecca	40	F	Female 40-49	Quality Lineup	1:00:19.6	19:27 / mi
256.	14	Bain, Claire	10	F	Female 14 & Under	Tiki Titans	1:00:31.3	19:31 / mi
257.	292	SHANNON, BONNIE	61	F	Female 60-69	Tiki Titans	1:00:35.8	19:32 / mi
258.	13	Bain, Annabelle	7	F	Female 14 & Under	Tiki Titans	1:00:36.4	19:33 / mi
259.	15	Bain, Dorothy	39	F	Female 30-39	Tiki Titans	1:00:36.8	19:33 / mi
260.	127	Gilman, Peter	63	M	Male 60-69	Rehab Racers	1:01:14.4	19:45 / mi
261.	297	Simonetti, Emily	25	F	Female 20-29	Heart Healthy Hawaiian	1:01:19.4	19:46 / mi
262.	83	Desourdy, Heather	54	F	Female 50-59	Heart Healthy Hawaiian	1:01:19.8	19:47 / mi
263.	215	Madia, Diane	62	F	Female 60-69	Rehab Racers	1:01:21.9	19:47 / mi
264.	21	Basile, Cherie	53	F	Female 50-59	Rehab Racers	1:01:41.8	19:54 / mi
265.	325	Touse, Brian	55	M	Male 50-59	Rehab Racers	1:01:44.4	19:54 / mi
266.	209	Lombardi, Kristen	47	F	Female 40-49	Rehab Racers	1:01:45.6	19:55 / mi
267.	30	Breault, Lucas	9	M	Male 14 & Under	Heart Healthy Hawaiian	1:01:55.0	19:58 / mi
268.	84	Desourdy, Parker	9	F	Female 14 & Under	Heart Healthy Hawaiian	1:01:55.0	19:58 / mi
269.	31	Breault, Tammy	45	F	Female 40-49	Heart Healthy Hawaiian	1:02:16.3	20:05 / mi
270.	33	Breault, Willie	7	M	Male 14 & Under	Heart Healthy Hawaiian	1:02:16.8	20:05 / mi
271.	98	Durocher, Natalie	23	F	Female 20-29	Rehab Racers	1:02:55.9	20:18 / mi
272.	178	Kane, Jack	24	M	Male 20-29	Rehab Racers	1:02:56.1	20:18 / mi
273.	327	Touse, Lisa	55	F	Female 50-59	Rehab Racers	1:03:06.2	20:21 / mi
274.	11	Backus, Deborah	60	F	Female 60-69	Rehab Racers	1:03:09.4	20:22 / mi
275.	81	DeLuca, Rachel	31	F	Female 30-39	Rehab Racers	1:03:09.8	20:22 / mi
276.	199	Larson, Kerri	36	F	Female 30-39	Tiki Titans	1:05:48.2	21:13 / mi
277.	185	Kirk, Sheryl	57	F	Female 50-59	Tiki Titans	1:05:48.2	21:13 / mi
278.	5	Anderson, Christine	52	F	Female 50-59	Tiki Titans	1:05:49.2	21:13 / mi
279.	184	Kirk, Logan	27	F	Female 20-29	Tiki Titans	1:05:50.5	21:14 / mi
280.	256	Osborne, Donna	66	F	Female 60-69	Tiki Titans	1:05:58.1	21:16 / mi
281.	138	Haag, Marj	60	F	Female 60-69	Tiki Titans	1:05:58.3	21:16 / mi
282.	288	Scally, Michele	49	F	Female 40-49	Tiki Titans	1:05:58.5	21:16 / mi
283.	282	Roberts, Lynda	64	F	Female 60-69	Tiki Titans	1:05:59.2	21:17 / mi
284.	351	Waters, Michelle	32	F	Female 30-39	Wayfinding Waters	1:07:03.7	21:37 / mi
285.	348	Waters, Anna	1	F	Female 14 & Under	Wayfinding Waters	1:07:04.5	21:38 / mi



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Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
286.	269	Preston, Maryanne	62	F	Female 60-69	Wayfinding Waters	1:07:05.6	21:38 / mi
287.	350	Waters, Garry	32	M	Male 30-39	Wayfinding Waters	1:07:09.0	21:39 / mi
288.	328	Touse, Logan	28	M	Male 20-29	Rehab Racers	1:07:53.0	21:53 / mi
289.	330	Touse, Shannon	28	F	Female 20-29	Rehab Racers	1:07:54.1	21:54 / mi
290.	1	Ahrens, Elizabeth	23	F	Female 20-29	Rehab Racers	1:07:57.7	21:55 / mi
291.	324	Touse, Amanda	23	F	Female 20-29	Quality Lineup	1:07:57.8	21:55 / mi
292.	99	Durocher, Nicholas	27	M	Male 20-29	Rehab Racers	1:07:58.0	21:55 / mi
293.	96	Durocher, Alexis	20	F	Female 20-29	Rehab Racers	1:08:01.0	21:56 / mi
294.	100	Durocher, Randy	59	M	Male 50-59	Rehab Racers	1:08:05.9	21:58 / mi
295.	329	Touse, Paige	25	F	Female 20-29	Rehab Racers	1:09:02.2	22:16 / mi
296.	91	Doheny, Shelby	25	F	Female 20-29	Rehab Racers	1:09:09.1	22:18 / mi
297.	90	Doheny, Nan	59	F	Female 50-59	Rehab Racers	1:09:09.2	22:18 / mi

1 Mile Walk/Run

1.	336	Varney, Allyson	15	F	Female 15-19	4 West Crew	10:32.0	10:32 / mi
2.	52	Carpentier, Lincoln	7	M	Male 14 & Under	4 West Crew	10:36.8	10:36 / mi
3.	337	Varney, Evelyn	8	F	Female 14 & Under	4 West Crew	10:36.8	10:36 / mi
4.	1295	Tipton, Michael	9	M	Male 14 & Under		12:27.9	12:27 / mi
5.	1299	Tipton, Elizabeth	7	F	Female 14 & Under		12:33.2	12:33 / mi
6.	49	Cahill, Lyndsey	42	F	Female 40-49		12:40.6	12:40 / mi
7.	399	Hunsinger, Adaline	8	F	Female 14 & Under		14:23.4	14:23 / mi
8.	128	Giuliano, Lillian	18	F	Female 15-19	Quality Lineup	15:35.4	15:35 / mi
9.	313	Susko, Cassandra	18	F	Female 15-19	Quality Lineup	15:35.4	15:35 / mi
10.	74	Cukrovany, Kylie	18	F	Female 15-19	Quality Lineup	15:35.7	15:35 / mi
11.	391	Carpenter, Lori	66	F	Female 60-69		16:01.6	16:01 / mi
12.	387	Cilauro, Lorraine	50	F	Female 50-59		16:06.8	16:06 / mi
13.	340	Vooris, Sam	6	M	Male 14 & Under		16:12.9	16:12 / mi
14.	339	Vooris, Erin	38	F	Female 30-39		16:13.1	16:13 / mi
15.	316	Susko, Sierra	19	F	Female 15-19	Quality Lineup	16:25.7	16:25 / mi
16.	315	Susko, Mark	52	M	Male 50-59	Quality Lineup	16:27.0	16:26 / mi
17.	314	Susko, Colleen	53	F	Female 50-59	Quality Lineup	16:27.7	16:27 / mi
18.	383	Constantineau, Shawn	32	M	Male 30-39		17:31.3	17:31 / mi
19.	839	Heidorf, Donna	66	F	Female 60-69		17:32.3	17:32 / mi
20.	382	Brown-Constantine,	31	F	Female 30-39		17:32.5	17:32 / mi
21.	69	Combs, Cloee	13	F	Female 14 & Under	Quality Lineup	17:42.1	17:42 / mi
22.	70	Cooper, Samantha	26	F	Female 20-29		17:42.4	17:42 / mi
23.	303	Smith, Shawn	50	F	Female 50-59	Quality Lineup	17:43.1	17:43 / mi
24.	103	Durr, III, Brian	7	M	Male 14 & Under	GFH Lab	18:26.1	18:26 / mi
25.	139	Hamblin, Christine	48	F	Female 40-49	Tiki Titans	18:29.7	18:29 / mi
26.	191	Kusaywa, Hunter	8	M	Male 14 & Under	CR Wood Cancer Center	19:25.4	19:25 / mi
27.	390	Winchell, Donna	58	F	Female 50-59		19:26.9	19:26 / mi



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Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
28.	367	Yattaw, Vickie	52	F	Female 50-59	CR Wood Cancer Center	19:27.4	19:27 / mi
29.	343	Warrington, Heather	48	F	Female 40-49	CR Wood Cancer Center	19:27.4	19:27 / mi
30.	173	Kalisz, Laurie	52	F	Female 50-59	CR Wood Cancer Center	19:28.1	19:28 / mi
31.	366	Yattaw, Rachel	23	F	Female 20-29	CR Wood Cancer Center	19:29.5	19:29 / mi
32.	1288	Yattaw, Joshua	26	M	Male 20-29		19:29.7	19:29 / mi
33.	190	Kusaywa, Emily	29	F	Female 20-29	CR Wood Cancer Center	19:30.3	19:30 / mi
34.	321	Thaler, Eric	34	M	Male 30-39	CR Wood Cancer Center	19:30.8	19:30 / mi
35.	51	Carpentier, Kane	41	M	Male 40-49	4 West Crew	19:36.6	19:36 / mi
36.	338	Varney, Jolene	42	F	Female 40-49	4 West Crew	19:37.8	19:37 / mi
37.	255	ONeill, Jaime	48	F	Female 40-49	Marilyn O'Neill's Barefoot	19:38.0	19:37 / mi
38.	159	Huizinga, Floria		F		Marilyn O'Neill's Barefoot	19:40.0	19:39 / mi
39.	1282	Gamble, Nora	8	F	Female 14 & Under		19:46.3	19:46 / mi
40.	207	Little, Connie	68	F	Female 60-69	Rehab Racers	19:56.2	19:56 / mi
41.	132	Gregory, Joann	34	F	Female 30-39		20:08.8	20:08 / mi
42.	400	Wright, Lillian	6	F	Female 14 & Under		20:15.2	20:15 / mi
43.	371	N.n, N.n	30	M	Male 30-39		20:15.2	20:15 / mi
44.	375	Mason, Christin	39	F	Female 30-39		20:32.9	20:32 / mi
45.	377	Mason, Nicholas	5	M	Male 14 & Under		20:32.9	20:32 / mi
46.	376	Mason, Christian Jr	8	M	Male 14 & Under		20:32.9	20:32 / mi
47.	374	Mason, Chris	42	M	Male 40-49		20:33.2	20:33 / mi
48.	379	Croteau, Monique	65	F	Female 60-69		20:34.2	20:34 / mi
49.	1298	Tipton, Johannah	3	F	Female 14 & Under		20:37.6	20:37 / mi
50.	1297	Tipton, Amanda	34	F	Female 30-39		20:38.9	20:38 / mi
51.	306	Stauffer, Allen	36	M	Male 30-39	Rehab Racers	22:41.1	22:41 / mi
52.	146	Hart, Jennifer	51	F	Female 50-59	Quality Lineup	22:55.6	22:55 / mi
53.	137	Gustafson, James	29	M	Male 20-29	Quality Lineup	22:55.8	22:55 / mi
54.	157	Hopkins, Stacie	61	F	Female 60-69	Quality Lineup	22:56.1	22:56 / mi
55.	133	Griffin, Samantha	27	F	Female 20-29	Snuggery	24:54.3	24:54 / mi
56.	1280	McCarty, Robert	33	M	Male 30-39		24:57.0	24:56 / mi
57.	120	Frاندino, Siobhan	33	F	Female 30-39	Snuggery	24:57.1	24:57 / mi
58.	290	Scottolavino, Melissa	26	F	Female 20-29	Snuggery	24:57.1	24:57 / mi
59.	287	Salmiery, Sierrah	31	F	Female 30-39	Snuggery	24:59.0	24:58 / mi
60.	26	Beebe, Stacy	53	F	Female 50-59	Glens Falls Medical	25:52.4	25:52 / mi
61.	204	Leonard, Michelle	59	F	Female 50-59	Glens Falls Medical	25:53.1	25:53 / mi
62.	373	Lavergne, Mason	6	M	Male 14 & Under	GFM Groupies	25:54.4	25:54 / mi
63.	64	Cleveland, Devin	11	M	Male 14 & Under	Glens Falls Medical	25:55.8	25:55 / mi
64.	68	Combs, Camille	6	F	Female 14 & Under	Quality Lineup	25:58.0	25:57 / mi
65.	67	Cleveland-LaVergne,	11	M	Male 14 & Under	Glens Falls Medical	25:58.0	25:57 / mi
66.	200	LaVergne, Gaege	13	M	Male 14 & Under	Glens Falls Medical	25:59.5	25:59 / mi
67.	65	Cleveland, Kasey	34	F	Female 30-39	Glens Falls Medical	26:02.4	26:02 / mi
68.	201	LaVergne, Phillip	33	M	Male 30-39	Glens Falls Medical	26:03.8	26:03 / mi



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Overall Results

Plac	Bib	Name	Age	Gender	AG	Team	GunTime	Pace
69.	104	Durrin, Marc	53	M	Male 50-59	Glens Falls Medical	26:38.0	26:37 / mi
70.	163	Hunt, Shera	47	F	Female 40-49	Glens Falls Medical	26:49.2	26:49 / mi
71.	264	Pinheiro, Katie	42	F	Female 40-49	GFH Lab	26:51.5	26:51 / mi
72.	101	Durr, Mia	8	F	Female 14 & Under	GFH Lab	26:51.8	26:51 / mi
73.	102	Durr, II, Brian	40	M	Male 40-49	GFH Lab	27:15.8	27:15 / mi
74.	305	Squires, Wendy	53	F	Female 50-59	Glens Falls Medical	27:35.0	27:34 / mi
75.	9	Arredondo, Tracy	60	F	Female 60-69	Glens Falls Medical	27:36.0	27:35 / mi
76.	8	Arredondo, Matthew	37	M	Male 30-39	Glens Falls Medical	31:28.7	31:28 / mi
77.	29	Brand, Daylynn	32	F	Female 30-39	Glens Falls Medical	31:29.0	31:28 / mi
78.	183	Kirby, Linda	70	F	Female 70-79	Marilyn O'Neill's Barefoot	34:10.4	34:10 / mi
79.	227	MATTHEWS, SUSAN	63	F	Female 60-69	Rehab Racers	34:13.7	34:13 / mi
80.	214	Lyons III, Tom	79	M	Male 70-79		37:32.1	37:32 / mi
81.	213	Lyons, Susan	78	F	Female 70-79		37:33.5	37:33 / mi
82.	53	Carpentier, Piper	9	F	Female 14 & Under	4 West Crew	41:59.1	41:59 / mi
83.	274	Rafferty, Cheryl	61	F	Female 60-69	Tiki Titans	1:01:03.6	61:03 / mi

Number of records: 380



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